



QUITTING
just got
EASIER
with
ONLINE
ENROLLMENT

call **1-800-QUIT-NOW**
or enroll at **www.quitwithusla.org**

- ✓ The Louisiana Tobacco Quitline offers **FREE**, confidential phone counseling with Certified Quit Coaches.
- ✓ New web-only option offers **FREE**, confidential support program that is entirely online.
- ✓ Enrollees can choose phone counseling, web support, or both.
- ✓ Set a quit date and develop a quit plan that works for you.
- ✓ **FREE** Nicotine Gum or Patches available.

Additional **FREE** services from Smoking Cessation Trust for qualified enrollees who started smoking prior to Sept. 1, 1988. Visit www.SmokingCessationTrust.org for more info.

Learn more and enroll online at
www.QuitWithUsLA.org or call 1-800-QUIT-NOW.



QUIT
WITH US, LA

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